



June 11-12, 2022
Rio Rancho HS
 301 Loma Colorado Dr NE
 Rio Rancho, NM 87124
Entries via athletic.net



**2022 USATF New Mexico Association
 Junior Olympic, Open and Masters
 Track and Field Championships
 and New Mexico Games Track Meet
 Combined Events and Outdoor Championships**

www.newmexico.usatf.org

https://www.newmexicogames.org/track-and-field

Sanction: USATF Sanction #: USATF 2022 Competition Rules Apply.
Eligibility: All athletes 18 years or younger who reside in New Mexico may enter the youth association championship. All athletes 19 years or older may enter the adult competition. Those who are USATF members will be eligible for USATF championship awards in addition to NM Games awards.
2022 USATF membership required. USATF membership applications are available online at www.usatf.org/membership. Age verification requirements apply for youth athletes.

Please Note: Youth Age groups are based on year of birth, not age on the day of event. See list below:

Age Group/	8 & Under	2013+*	3 events
Limitations:	9-10	2011-2012	3 events
(does not	11-12	2009-2010	3 events
include Multi)	13-14	2007-2008	4 events
	15-16	2005-2006	4 events
	17-18	2003-2004*	4 events

**Athletes must be at least 7 years of age on December 31 of the current year to compete in the National Junior Olympic Championships, however, all 8 & Under are allowed to compete at Association & Region level.*

COMBINED EVENTS, STEEPLECHASE, AND HAMMER THROW ATHLETES MUST REGISTER FOR THE STATE MEET; THESE EVENTS WILL NOT BE CONTESTED HOWEVER ALL REGISTERED ATHLETES WILL AUTOMATICALLY ADVANCE TO REGIONALS.

Please Note: Open/Masters Age groups are based on age on the day of the event.

Open age group is defined as athletes aged 19-29. Master's age groups are defined in 5 year increments beginning with 30-34, 35-39, etc. Age groups may be combined in events, but awards will be separated by age group.

Meet Director: Tasha Boyden youth@newmexico.usatf.org
Entries: **Register online at** www.athletic.net beginning Sunday, May 1, 2022
 link to youth entry: [athletic.net link](http://athletic.net)
 link to open/masters entry: [athletic.net link](http://athletic.net)
 Payment must be made online with registration prior to entry deadline.
Entry Fee: Youth Events: \$7 per event, \$24 per relay, \$10 per Pentathlon, Triathlon, \$16 per Decathlon, Heptathlon
 Open/Masters Events: \$20 for the first event, \$4 each additional event

- Event Schedules:** Please see the following pages. Note Saturday and Sunday morning schedule for Youth, Sunday afternoon schedule for adults.
- Entry Deadline:** Monday, **June 6, 2022, 9:00 pm MDT. Note: Age must be verified by the entry deadline. Age verification must be completed through the athlete's USATF Connect profile.**
- Packet Pick-up:** Sports Systems, Albuquerque on Thursday, June 9 from 6:00- 7:00 pm
OR @ the stadium Saturday and Sunday @7 am and 11 am

NO LATE OR RACE DAY ENTRIES

Awards: Youth Events: USATF medals 1st through 4th, Ribbons 5th and 6th. NM Games medals 1st-3rd. Open/Masters Events: NM Games medals 1st-3rd. USATF member medals 1st-3rd. Awards are available for pick up after the event results have been posted and the protest period has passed.

Regional Qualifying: Youth athletes only:
1st through 4th place may advance to the Region 10 JO Championships to be held July 7-10 in El Paso, TX. *No alternates.* Region 10 Championships registration will be conducted through www.athletic.net. Please see www.newmexico.usatf.org for more information.

Results & Protests: Protests must be made in writing in accordance with Rule 146 and must be accompanied by a \$100 cash deposit which will be forfeited unless the protest is upheld. After certification of each race, awards will be given. In addition, Saturday event results will be posted at www.newmexico.usatf.org by midnight June 11, 2021. Sunday and full meet results will be posted at www.newmexico.usatf.org and on athletic.net by midnight June 12, 2021.

Facility Rules, Policies & Guidelines:

- Smoking/use of tobacco is prohibited on all property including parking lots and restrooms.
- Alcohol is prohibited on all property including parking lots and restrooms.
- Pets are not allowed. Service dogs/animals are allowed with proof of service.
- Skateboards, roller skates, or bicycles are not allowed.
- Bags and/or backpacks may be searched at any time at the discretion of Police or Event Staff.
- Team tents may be set up outside of the track, not on the infield. ***NO TENTS IN THE STANDS***
- Please be aware and courteous of others in the stands if using umbrellas while seated.

TRACK EVENTS SCHEDULE - SATURDAY

(ALL TRACK EVENTS ON A ROLLING SCHEDULE)

**EVENTS RUN YOUNGEST TO OLDEST, GIRLS TO BOYS WITHIN AGE GROUP,
EXCEPT IN SOME DISTANCE AND HURDLE EVENTS.**

110/100/80MH	PRELIM/FINAL
1500M RW	FINAL
3000M RW	FINAL
3000M RUN	FINAL
200/400MH	PRELIM/FINAL
400M DASH	PRELIM/FINAL
100M DASH	PRELIM/FINAL
800M RUN	FINAL
200M DASH	PRELIM/FINAL

RIO RANCHO HIGH SCHOOL IS AN 8-LANE FACILITY. IF WE HAVE 8 OR FEWER ATHLETES, THE FINALS WILL BE HELD IN THE PRELIMS TIME SLOT. ATHLETES MUST BE READY TO RUN WHEN REPORTING FOR PRELIMS.**FIELD EVENTS SCHEDULE - SATURDAY**

(ALL FIELD EVENTS ON A ROLLING SCHEDULE)

IMPLEMENT WEIGH-IN STARTS AT 7:15 AM ON SATURDAY. TOP 8 ADVANCE TO FINALS.

8:00 AM (1 CAGE)	DISCUS (11-12G) DISCUS (11-12B) DISCUS (13-14G) DISCUS (13-14B) DISCUS (15-16G, 17-18G) DISCUS (15-16B, 17-18B)
8:00 AM (1 PIT)	HIGH JUMP (13-14G) HIGH JUMP (13-14B) HIGH JUMP (15-16G) HIGH JUMP (15-16B) HIGH JUMP (17-18G) HIGH JUMP (17-18B)
8:00 AM (GIRLS PIT)	LONG JUMP (8&UG) LONG JUMP (9-10G) LONG JUMP (11-12G) LONG JUMP (13-14G)
8:00 AM (BOYS PIT)	LONG JUMP (8&UB) LONG JUMP (9-10B) LONG JUMP (11-12B) LONG JUMP (13-14B)
8:00 AM (GIRLS PIT)	SHOT PUT (15-16G, 17-18G) SHOT PUT (13-14G) SHOT PUT (11-12G) SHOT PUT (9-10G) SHOT PUT (8&UG)
8:00 AM (BOYS PIT)	SHOT PUT (15-16B, 17-18B) SHOT PUT (13-14B) SHOT PUT (11-12B) SHOT PUT (9-10B) SHOT PUT (8&UB)
8:00 AM (1 PIT)	MINI JAV (8&UG, 8&UB) MINI JAV (9-10G, 9-10B) AERO JAV (11-12G, 11-12B) JAVELIN (13-14G, 13-14B) JAVELIN (15-16G, 17-18G) JAVELIN (15-16B, 17-18B)

7:45 AM FIRST CALL, 8:00 AM START

TRACK EVENTS SCHEDULE - SUNDAY

(ALL TRACK EVENTS ON A ROLLING SCHEDULE)

**EVENTS RUN YOUNGEST TO OLDEST, GIRLS TO BOYS WITHIN AGE GROUP,
EXCEPT IN SOME DISTANCE AND HURDLE EVENTS.**

110/100/80MH	FINAL
1500M RUN	FINAL
4X100M RELAY	FINAL
400M DASH	FINAL
100M DASH	FINAL
4X800M RELAY	FINAL
200/400MH	FINAL
200M DASH	FINAL
4X400M RELAY	FINAL

FIELD EVENTS SCHEDULE - SUNDAY

(ALL FIELD EVENTS ON A ROLLING SCHEDULE)

TOP 8 ADVANCE TO FINALS

8:00 AM (1 PIT)	POLE VAULT (13-14G, 15-16G, 17-18G) POLE VAULT (15-16B,17-18B) POLE VAULT (13-14B)
8:00 AM (1 PIT)	LONG JUMP (15-16G, 17-18G) LONG JUMP (15-16B, 17-18B) Note: Age Groups and/or Genders may be combined
Following Long Jump (1 pit)	TRIPLE JUMP (15-16G, 17-18G) TRIPLE JUMP (15-16B, 17-18B) Note: Age Groups and/or Genders may be combined
8:00 AM (1 PIT)	HIGH JUMP (9-10G) HIGH JUMP (9-10B) HIGH JUMP (11-12G) HIGH JUMP (11-12B)

OPEN/MASTERS ONLY

SUNDAY, 12 JUNE 2021

OPEN/MASTERS ONLY

12:45 PM FIRST CALL, 1:00 PM START for track and field events.

Following the 1 PM start, events will proceed following the event order below in a rolling fashion.

Track Events

All Track Events to be Run on a Rolling Schedule

100m Hurdles: Women (height)
110m Hurdles: Men (height)
3000m run: women/men to follow*
4 X 100m relay: women/men to follow*
100m dash: women/men to follow
1500/3000m RaceWalk: both genders, distances held concurrently
800m run: women/men to follow*
400m dash: women/men to follow
200m Dash: women/men to follow
1500m run: women/men to follow*
4 X 400m: relay women/men to follow*

*Genders may be combined depending on the number of entries.

Age groups and/or genders may be combined in a heat for purposes of time and competition, but places and medals will be separated by gender and age groups.

Field Events

Field events will be run in 2 rolling sessions.

No Implements will be provided. Implement weigh-in not required.

Four attempts with no finals (Except for Pole Vault and High Jump)

1:00 PM Session 1:

Women all ages Triple Jump
Men all ages Triple Jump
Women all ages Discus
Men all ages Shot Put
Women all ages High Jump
Men all ages Pole Vault
Men all ages Javelin

Session 2 to begin as each event in Session 1 concludes:

Women all Long Jump (to follow LJ)
Men all ages Long Jump (to follow LJ)
Women all Shot Put (to follow discus)
Men all ages Discus (to follow shot put)
Men all ages High Jump (to follow women's HJ)
Women all Pole Vault (to follow men's PV)
Women all Javelin (to follow men's Jav)